

RBC TRAINING GROUND RESULTS

data updated - 10/3/2017

Bib Number	Wave	Time	Event Location	Gender	DOB	Weight (kg)	Height (cm)	Wingspan (cm)	Vertical Jump (cm)	10m Sprint (s)	30m Sprint (s)	Isometric Mid Thigh Pull (kg)	Isometric Mid-Thigh Pull (Relative)	20 M Multi Stage Fitness Test
8	A	8:30	Kingston	Male	2002-11-24	69.65	181.6	190.5	76.9	1.76	4.22	185	2.66	11.8
12	A	8:30	Kingston	Male	2001-06-11	73.55	175.4	184.0	57.4	1.87	4.44	210	2.86	11.7
15	A	8:30	Kingston	Female	2002-03-24	63.40	160.9	162.0	56.1	1.95	4.78	100	1.58	7.4
16	A	8:30	Kingston	Male	2001-01-16	98.25	179.7	182.0	50.7	1.95	4.56	170	1.73	8.1
18	A	8:30	Kingston	Female	2000-03-21	55.70	158.2	159.5	41.7	2.05	5.14	110	1.97	8.1
24	A	9:00	Kingston	Female	2000-07-07	55.50	166.7	170.0	49.6	2.00	4.65	94	1.69	6.3
25	A	9:00	Kingston	Male	2001-10-25	64.15	180.3		67.7	2.12	4.67	175	2.73	12.2
26	B	9:00	Kingston	Female	2000-11-15	59.40	172.8	177.0	59.6	1.85	4.51	114	1.92	8.2
27	B	9:00	Kingston	Male	2001-10-25	64.15	180.3		67.7	2.55	4.67	175	2.73	12.2
28	B	9:00	Kingston	Male	2001-08-04	75.30	176.6	177.5	67.9	2.32	4.30	185	2.46	11.3
29	B	9:00	Kingston	Male	2001-10-25	64.15	180.3		67.7	2.55	4.67	175	2.73	12.2
30	B	9:00	Kingston	Male	2003-07-24	54.40	167.2	170.0	56.9	1.90	4.62	114	2.10	12.2
33	B	9:00	Kingston	Male	2003-03-15	59.80	169.3	172.0	74.2	1.94	4.50	155	2.59	12.12
34	B	9:30	Kingston	Male	1999-06-27	72.15	181.5	183.0	79.5	1.69	3.97	170	2.36	11.8
35	B	9:30	Kingston	Female	2000-05-29	70.85	170.2	162.5	49.3	2.06	5.03	110	1.55	6.3
43	B	9:30	Kingston	Female	2002-11-08	50.10	161.1	160.5	43.4	2.07	5.10	82	1.64	7.1
44	B	9:30	Kingston	Male	2000-08-02	74.55	174.3	181.0	64.0	1.80	4.43	170	2.28	9.1
45	B	9:30	Kingston	Male	2000-11-22	52.30	172.9	175.5	57.2	1.96	4.85	130	2.49	13.1
46	B	9:30	Kingston	Male	2000-05-07	67.25	178.0	178.0	79.7	1.68	3.97	195	2.90	10.8
47	B	9:30	Kingston	Female	2000-08-14	50.85	165.0	170.5	53.1	2.01	4.71	114	2.24	
49	B	9:30	Kingston	Male	3/3/2002	68.95	171.1	170.0	55.2	1.88	4.50	145	2.10	12.9
50	B	9:30	Kingston	Male	11/14/2001	91.90	180.3	183.0	57.7	1.90	4.58	210	2.29	8.7
52	C	9:30	Kingston	Female	2002-03-22	58.00	169.4	170.0	47.5	2.06	4.95	100	1.72	7.6
53	C	10:00	Kingston	Male	1994-08-19	84.20	188.1	192.0	87.0	1.61	3.93	190	2.26	12.4
54	C	10:00	Kingston	Male	1994-11-24	108.15	208.6	219.0	62.2	1.81	4.27	196	1.81	9.7
55	C	10:00	Kingston	Male	1995-01-30	71.50	188.4	187.5	93.3	1.68	4.00	182	2.55	12.2
57	C	10:00	Kingston	Male	1992-10-07	95.80	185.1	188.0	79.5	1.83	4.09	232	2.42	10.1
58	C	10:00	Kingston	Male	1995-08-02	87.75	183.2	184.0	70.3	1.75	4.27	177	2.02	11.6
60	C	10:00	Kingston	Female	2002-10-31	65.45	171.2	176.0	45.0	2.03	5.00	125	1.91	8.8
61	C	10:00	Kingston	Male	2002-04-10	64.50	179.1	184.0	55.6	1.85	4.42	157	2.43	12.7
62	C	10:00	Kingston	Male	1998-06-22		181.1	189.0	69.6	1.72	4.04	165		8.8
63	C	10:00	Kingston	Female	2003-04-30	71.40	177.4	184.0	48.2	2.08	4.82	152	2.13	9.2
64	C	10:00	Kingston	Female	1/7/2002	74.20	168.7	173.0	62.9	1.86	4.51	140	1.89	6.1
65	C	10:00	Kingston	Female	4/30/2003	71.40	177.4	184.0	48.2	2.08	4.82	152	2.13	9.2
66	C	10:00	Kingston	Male	9/9/2003	82.80	189.5	196.0	62.7	1.84	4.35	152	1.84	9.6
67	C	10:00	Kingston	Female	2002-10-10	51.35	157.9	155.0	45.8	2.09	5.14	90	1.75	8.3
68	C	10:00	Kingston	Female	1995-04-11	53.55	160.8	162.0	54.2	2.09	4.83	119	2.22	5.1
69	C	10:00	Kingston	Female	1992-09-19	66.20	174.3	175.5	58.8	1.86	4.35	127	1.92	9.1
71	C	10:00	Kingston	Female	1998-03-19	44.25	164.3	166.0	54.9	1.96	4.87	90	2.03	12.8
72	C	10:00	Kingston	Male	2002-07-16	60.70	172.7	174.0	58.8	1.77	4.21	140	2.31	12.4
73	C	10:00	Kingston	Male	2000-02-04	69.95	177.2	180.0	65.7	1.85	4.37	175	2.50	11.8
75	C	10:00	Kingston	Male	1997-01-22	57.10	168.0	170.5	65.4	1.79	4.30	150	2.63	11.11
76	D	10:00	Kingston	Male	1997-05-10	76.80	184.1	191.5	73.1	1.72	4.09	190	2.47	9.6
77	D	10:00	Kingston	Male	1995-06-16	71.00	174.1	179.0	69.4	1.82	4.43	192	2.70	10.8
78	D	10:00	Kingston	Female	1998-04-24	61.50	170.9	172.0	49.3	2.09	5.13	105	1.71	10.6
79	D	10:00	Kingston	Male	1996-04-19	64.05	176.3	188.0	75.8	1.86	4.23	150	2.34	12.12
80	D	10:00	Kingston	Female	2001-01-06	68.20	170.0	174.0	52.0	1.90	4.74	128	1.88	6.6
81	D	10:00	Kingston	Male	1999-04-01	82.50	190.3	203.0	65.2	1.83	4.34	177	2.15	9.1
82	D	10:00	Kingston	Female	2000-10-05	55.55	164.3	161.5	54.7	2.12	4.93	99	1.78	9.7
84	D	10:00	Kingston	Male	2002-01-06	67.35	182.9	181.0	71.6	1.80	4.35	128	1.90	10.11
86	D	10:30	Kingston	Male	1996-08-15	68.05	182.9	191.0	82.1	1.89	4.36	162	2.38	11.1
87	D	10:30	Kingston	Male	1994-04-04	75.10	181.8	193.0	84.3	1.71	3.98	185	2.46	8.3
88	D	10:30	Kingston	Male	1989-12-14	95.45	186.6	191.0	67.9	1.94	4.67	208	2.18	8.1
90	D	10:30	Kingston	Female	1995-06-07	50.05	162.5	157.0	64.8	1.98	4.75	99	1.98	5.7
92	D	10:30	Kingston	Male	2003-06-24	59.10	171.5	180.0	73.7	1.68	4.07	120	2.03	9.1
93	D	10:30	Kingston	Male	1997-09-19	71.50	169.8	173.5	51.5	2.08	5.13	151	2.11	7.4
94	D	10:30	Kingston	Male	2000-09-30	79.35	185.5	188.0	66.6	1.81	4.25	187	2.36	11.7
95	D	10:30	Kingston	Male	1995-04-23	88.15	182.2	187.0	73.1	1.83	4.12	180	2.04	11.8
96	D	10:30	Kingston	Female	1999-06-14	64.90	173.2	172.0	46.0	2.11	5.02	117	1.80	9.3
97	D	10:30	Kingston	Male	1993-01-13	81.00	185.5	195.0	83.3	1.72	3.96	188	2.32	11.12
98	D	10:30	Kingston	Male	2000-10-04	69.70	179.5	181.5	61.1	1.82	4.41	144	2.07	11.5
99	D	10:30	Kingston	Female	2001-07-14	54.90	169.6	175.0	39.7	2.08	5.04	93	1.69	11.11
100	D	10:30	Kingston	Male	2002-04-16	61.35	172.9	179.0	76.5	1.90	4.42	115	1.87	7.7
101	E	10:30	Kingston	Male	2003-09-06	66.30	184.5	184.0	61.7	1.87	4.51	134	2.02	10.8
102	E	10:30	Kingston	Female	1992-03-15	79.65	174.0	179.0	47.3	1.99	4.73	176	2.21	9.1
103	E	10:30	Kingston	Female	1996-01-09	57.85	170.1	178.0	55.1	2.02	4.94	128	2.21	4.7
104	E	10:30	Kingston	Female	1999-06-15	57.10	166.5	173.0	46.3	2.13	5.07	139	2.43	7.7

105	E	10:30	Kingston	Female	1995-05-11	70.60	177.1	186.0	50.4	2.00	4.83	168	2.38	12.1
106	E	10:30	Kingston	Male	1995-08-01	60.50	163.2	172.0	93.9	1.62	3.82	140	2.31	10.6
107	E	10:30	Kingston	Male	2001-03-25	98.20	192.9	196.5	70.7	1.74	4.24	300	3.05	10.1
108	E	10:30	Kingston	Female	3/3/2003	73.45	166.8	171.0	53.1	1.97	4.87	125	1.70	7.2
111	E	10:30	Kingston	Female	1994-02-07	65.90	176.1	178.0	45.2	2.03	4.99	125	1.90	8.3
112	E	10:30	Kingston	Male	1999-12-25	88.95	179.3	185.0	60.6	1.81	4.37	215	2.42	10.9
113	E	10:30	Kingston	Female	1995-01-12	63.90	164.5	175.0	40.5	2.04	4.99	126	1.97	8.1
115	E	10:30	Kingston	Male	2000-07-22	74.20	192.9	198.0	74.1	1.77	4.17	182	2.45	11.5
118	E	10:30	Kingston	Male	2000-06-27	75.60	178.8	176.0	68.8	1.85	4.32	192	2.54	12.6
119	E	10:30	Kingston	Male	2002-08-12	59.95	179.3	177.5	65.5	1.88	4.41	138	2.30	7.8
123	E	10:30	Kingston	Male	1992-02-04	91.05	181.6	194.0	101.8	1.66	3.94	235	2.58	9.1
125	E	10:30	Kingston	Male	1999-12-12	61.65	171.7	170.5	71.8	1.82	4.35	166	2.69	10.7
126	F	10:30	Kingston	Male	1990-06-01	90.90	179.4	195.5	66.1	1.80	4.35	202	2.22	9.4
127	F	10:30	Kingston	Female	2002-12-01	38.35	155.1	154.5	49.6	2.10	5.19	67	1.75	10.7
128	F	10:30	Kingston	Male	2002-04-25	52.65	172.6	185.5	75.2	1.86	4.43	138	2.62	10.6
130	F	10:30	Kingston	Female	1999-09-08	73.95	177.3	176.0	54.1	2.26	4.95	140	1.89	8.1
131	F	10:30	Kingston	Male	1999-05-25	78.80	180.6	187.0	67.5	1.87	4.36	239	3.03	12.4
132	F	10:30	Kingston	Female	1997-08-11	56.60	168.3	171.0	56.7	1.92	4.58	126	2.23	11.4
133	F	11:00	Kingston	Male	2003-03-24	63.00	170.6	171.5	65.2	1.84	4.32	160	2.54	10.11
134	F	11:00	Kingston	Male	1997-12-04	54.00	157.5	162.0	55.1	1.90	4.50	121	2.24	6.4
139	F	11:00	Kingston	Male	1993-08-31	80.95	178.6	184.0	64.1	1.84	4.35	180	2.22	11.12
140	F	11:00	Kingston	Male	1999-05-18	66.45	186.5	186.5	64.3	1.76	4.19	142	2.14	9.1
141	F	11:00	Kingston	Female	2003-05-06	51.85	167.2	162.0	47.8	2.00	4.80	104	2.01	8.9
142	F	11:00	Kingston	Female	2002-11-20	58.35	160.8	170.0	45.8	2.04	4.88	127	2.18	7.8
144	F	11:00	Kingston	Female	1999-06-04	63.70	161.5	160.5	55.2	1.92	4.69	121	1.90	9.4
145	F	11:00	Kingston	Male	1999-07-05	85.80	189.1	191.3	74.6	1.68	4.05	256	2.98	9.11
146	F	11:00	Kingston	Male	1992-12-13	78.30	184.1	195.0	53.3	1.75	4.74	216	2.76	12.11
147	F	11:00	Kingston	Male	2001-01-17	69.85	182.9	201.0	65.7	1.75	4.23	153	2.19	8.6
148	F	11:00	Kingston	Male	2002-07-16	52.20	162.4	160.5	58.2	1.81	4.34	135	2.59	11.1
149	F	11:00	Kingston	Male	1997-01-15	71.55	176.5	179.5	76.8	1.77	4.09	155	2.17	10.1
150	F	11:00	Kingston	Male	2001-12-29	87.20	185.7	191.5	57.1	2.02	4.68	175	2.01	8.9
151	G	11:00	Kingston	Male	2001-03-08	67.50	177.6	189.0	77.3	1.90	4.32	167	2.47	11.3
152	G	11:00	Kingston	Male	1999-04-06	73.40	183.5	188.0	73.3	1.68	4.02	195	2.66	15.1
153	G	11:00	Kingston	Male	2000-06-29	66.00	176.1	179.0	64.0	1.77	4.22	152	2.30	8.1
155	G	11:00	Kingston	Female	1999-12-04	63.75	171.2	174.0	61.0	2.00	4.49	131	2.05	11.5
158	G	11:00	Kingston	Male	2002-04-16	75.75	187.9	188.5	60.8	1.81	4.24	174	2.30	10.9
159	G	11:00	Kingston	Female	2003-05-22	49.75	160.8	161.0	48.1	2.07	4.99	71	1.43	8.1
160	G	11:00	Kingston	Male	2002-01-28	63.10	180.4	186.0	59.3	1.87	4.24	128	2.03	8.9
165	G	11:00	Kingston	Female	2002-08-18	52.20	167.4	164.0	52.0	1.97	4.75	104	1.99	11.2
166	G	11:00	Kingston	Male	2001-08-26	63.80	178.6	175.0	61.3	1.96	4.50	161	2.52	10.7
169	G	11:00	Kingston	Male	1995-01-06	73.55	185.5	192.0	90.0	1.77	4.00	170	2.31	10.1
170	G	11:00	Kingston	Female	1992-01-12	63.00	168.4	173.5	53.3	1.99	4.85	130	2.06	9.3
173	G	11:00	Kingston	Female	2002-04-29	60.10	171.7	162.0	47.5	2.01	4.89	104	1.73	7.7
176	H	11:00	Kingston	Male	1996-04-27	108.05	184.6	187.0	60.3	1.85	4.30	194	1.80	8.1
177	H	11:00	Kingston	Female	2002-07-05	60.15	169.8	175.0	60.6	1.84	4.50	165	2.74	8.3
179	H	11:00	Kingston	Female	1994-09-19	56.95	164.9	171.5	61.8	1.94	4.53	106	1.86	11.5
180	H	11:00	Kingston	Male	2000-03-17	67.35	172.3	182.0	67.5	1.90	4.38	156	2.32	13.11
181	H	12:00	Kingston	Male	2001-02-28	65.30	178.4	183.0	74.4	1.76	4.21	144	2.21	9.3
182	H	13:00	Kingston	Male	9/10/1991	65.55	171.7	181.5	75.4	1.82	4.13	204	3.11	11.1
183	H	14:00	Kingston	Female	2002-04-23	62.25	170.9	163.0	57.9	1.90	4.69	120	1.93	9.5
184	H	15:00	Kingston	Male	2003-03-01	47.90	162.6	164.0	50.2	1.87	4.51	93	1.94	9.9
185	H	16:00	Kingston	Male	1992-07-05		173.1		81.3	1.92	4.12	195		10.1
186	H	17:00	Kingston	Male	2003-05-21	50.80	165.0	165.0	51.0	2.02	4.82	110	2.17	8.6