

RBC Training Ground Results



Data updated: 03/27/2017

Bib #	Event Location	Date	Gender	Age	Height (cm)	Weight (kg)	Arm Span (cm)	Vertical Jump (inches)	Vertical Jump (cm)	10m Sprint (s)	30m Sprint (s)	Isometric Mid-Thigh Pull (kg)	Incline Seated MB Chest Throw (m)	Beep Test Level	Beep Test Shuttle
1	Antigonish	3/25/2017	M	15	177.0	59.1	183.5	23.6	59.9	1.94	4.75	215	3.70	10	8
2	Antigonish	3/25/2017	F	20	167.0	65.1	169.0	26.2	66.5	1.82	4.40	208	4.00	10	3
3	Antigonish	3/25/2017	F	14	167.0	56.1	171.0	17.6	44.7	1.95	5.09	114	3.10	7	0
4	Antigonish	3/25/2017	F	20	162.5	61.8	158.0	20.6	52.3	1.92	4.63	144	3.40	10	3
5	Antigonish	3/25/2017	F	20	171.5	74.5	173.0	20.0	50.8	1.95	4.81	169	3.95	8	0
6	Antigonish	3/25/2017	M	21	174.5	71.8	180.0	23.7	60.2	1.71	4.21	204	4.75	11	9
7	Antigonish	3/25/2017	M	20	171.5	68.6	182.5	32.5	82.6	1.70	4.07	232	4.35	10	10
8	Antigonish	3/25/2017	M	18	191.0	96.0	192.0	24.3	61.7	1.82	4.65	275	5.30	9	2
9	Antigonish	3/25/2017	M	22	174.5	86.1	178.0	36.7	93.2	1.77	4.23	285	5.60		
11	Antigonish	3/25/2017	M	16	170.5	57.6	172.0	25.0	63.5	1.65	4.28	195	3.70	11	5
12	Antigonish	3/25/2017	M	22	180.0	74.5	186.0	29.4	74.7	1.73	4.10	174	5.15	12	8
13	Antigonish	3/25/2017	M	14	165.5	52.5	163.0	20.4	51.8	1.84	4.74	117	3.20	9	2
28	Antigonish	3/25/2017	F	16	164.0	52.7	158.0	25.3	64.3	1.87	4.50	132	3.65	8	1
29	Antigonish	3/25/2017	M	16	179.5	76.7	187.0	27.3	69.3	1.76	4.37	300	5.05	8	3
33	Antigonish	3/25/2017	F	19	164.5	53.6	174.0	23.8	60.5	1.80	4.40	162	3.30	9	1
34	Antigonish	3/25/2017	M	21	188.0	89.4	192.0	25.9	65.8	1.84	4.22	297	5.40	12	3
35	Antigonish	3/25/2017	M	15	161.5	44.7	167.0	22.0	55.9	1.91	4.62	145	3.30	13	1
36	Antigonish	3/25/2017	M	20	189.0	95.2	190.0	32.0	78.0	1.74	4.38	300	5.25	9	0
51	Antigonish	3/25/2017	M	19	182.0	98.8	193.0	33.0	83.8	1.72	4.11	269	6.55	9	7
55	Antigonish	3/25/2017	M	21	194.0	88.3	201.0	28.3	71.9	1.85	4.36	300	5.30	11	9
57	Antigonish	3/25/2017	F	20	168.0	65.1	169.0	21.7	55.1	1.92	4.71	155	3.70	9	6
58	Antigonish	3/25/2017	F	21	162.0	73.5	163.0	16.9	42.9	2.28	5.75	184	3.35	4	3
59	Antigonish	3/25/2017	M	24	189.5	104.3	201.5	22.4	56.9	1.86	4.31	211	6.10	9	0
60	Antigonish	3/25/2017	F	18	171.5	74.6	170.0	18.0	45.7	1.86	4.64	129	3.85	8	8
62	Antigonish	3/25/2017	M	20	179.0	83.9	181.0	24.8	63.0	1.91	4.44	180	5.30	11	10
76	Antigonish	3/25/2017	M	21	180.5	82.3	180.0	26.0	66.0	1.80	4.31	159	5.15	11	11
77	Antigonish	3/25/2017	M	19	190.0	88.4	195.0	21.8	55.4	1.84	4.41	219	4.95	10	2
79	Antigonish	3/25/2017	M	20	195.5	86.4	201.5	22.2	56.4	1.84	4.28	246	6.15	12	11
80	Antigonish	3/25/2017	F	18	174.5	84.1	183.0	19.2	48.8	1.95	4.75	159	4.60	7	4
81	Antigonish	3/25/2017	M	19	190.0	78.5	194.0	23.5	59.7	1.87	4.34	260	5.10	12	4
82	Antigonish	3/25/2017	F	18	168.0	59.3	169.0	19.8	50.3	1.99	4.69	107	3.40	8	9
83	Antigonish	3/25/2017	M	18	190.5	91.1	205.0	25.0	63.5	1.78	4.32	261	5.40	10	11
84	Antigonish	3/25/2017	M	19	174.5	66.1	177.0	36.5	92.7	1.59	3.80	185	4.75	13	0
85	Antigonish	3/25/2017	M	19	175.0	82.6	184.5	25.7	65.3	1.73	4.15	136	5.45	11	2
87	Antigonish	3/25/2017	F	20	171.5	70.3	175.0	20.4	51.8	1.96	4.74	150	3.65	8	9
103	Antigonish	3/25/2017	M	20	175.0	76.4	182.0	28.4	72.1	1.87	4.26	263	5.30	13	7
104	Antigonish	3/25/2017	M	21	189.5	77.6	191.0	22.6	57.4	1.82	4.41	224	4.50	12	9
105	Antigonish	3/25/2017	M	21	187.5	78.3	193.0	26.0	66.0	1.87	4.34	185	5.10	11	0
106	Antigonish	3/25/2017	M	19	175.5	94.2	186.0	31.5	80.0	1.72	4.14	286	6.05	10	1
108	Antigonish	3/25/2017	F	18	173.0	67.9	171.0	22.7	57.7	1.88	4.59	138	3.75	7	2
109	Antigonish	3/25/2017	M	18	179.0	84.5	182.0	30.1	76.5	1.64	4.02	230	4.80	10	6
110	Antigonish	3/25/2017	M	20	190.0	82.4	193.0	28.6	72.6	1.69	4.09	280	4.80	10	0
111	Antigonish	3/25/2017	F	16	173.5	60.0	172.0	20.4	51.8	1.90	4.78	136	3.30	5	5
112	Antigonish	3/25/2017	M	16	164.5	50.2	161.0	23.7	60.2	1.77	4.39	100	3.90	8	8
126	Antigonish	3/25/2017	F	18	158.0	59.8	158.0	23.2	58.9	1.85	4.51	125	3.60	9	0
127	Antigonish	3/25/2017	F	14	163.0	50.2	170.0	16.8	42.7	1.97	4.84	105	2.65	8	4
128	Antigonish	3/25/2017	M	14	158.0	51.2	163.0	18.4	46.7	1.87	4.61	150	3.65	10	5
129	Antigonish	3/25/2017	F	18	173.0	67.6	174.0	14.1	35.8	2.10	5.13	170	3.55	10	0
133	Antigonish	3/25/2017	M	21	181.5	80.5	182.5	28.1	71.4	1.85	4.34	290	4.50	13	6
135	Antigonish	3/25/2017	M	18	175.0	73.9	184.0	23.0	58.4	1.67	4.09	224	4.90	12	7
136	Antigonish	3/25/2017	F	19	165.5	74.3	167.0	17.1	43.4	2.27	5.38	150	3.10	6	9
151	Antigonish	3/25/2017	F	20	170.5	66.3	172.0	19.8	50.3	1.98	4.91	169	3.55	11	6
152	Antigonish	3/25/2017	M	16	184.5	80.7	196.5	25.0	63.5	1.83	4.38	176	4.30	12	3
155	Antigonish	3/25/2017	F	19	166.5	62.1	165.0	25.2	64.0	1.87	4.57	126	3.70	9	2
158	Antigonish	3/25/2017	F	24	168.5	65.3	177.0	23.7	60.2	1.81	4.39	174	4.20	12	4
159	Antigonish	3/25/2017	F	24	161.5	52.8	169.0	22.5	57.2	1.84	4.49	130	3.05	10	7
161	Antigonish	3/25/2017	M	18	185.0	84.2	191.0	27.9	70.9	1.80	4.31	238	5.65	11	11
162	Antigonish	3/25/2017	F	20	166.5	63.4	171.0	20.4	51.8	1.94	4.70	199	3.75	10	9
163	Antigonish	3/25/2017	M	18	174.5	67.4	175.0	25.0	63.5	1.82	4.30	204	4.80	8	2
165	Antigonish	3/25/2017	F	21	187.5	73.4	157.5	22.3	56.6	1.98	4.96	165	4.15	8	0
166	Antigonish	3/25/2017	M	21	193.5	95.2	206.0	26.4	67.1	1.76	4.22	264	5.05	12	7
167	Antigonish	3/25/2017	M	24	185.0	115.3	190.0	27.1	68.8	1.86	4.26	300	6.05	6	3
176	Antigonish	3/25/2017	M	17	166.0	64.3	175.0	23.7	60.2	1.75	4.40	208	4.90	8	6
177	Antigonish	3/25/2017	M	24	190.0	106.3	203.0	27.2	69.1	1.86	4.36	252	6.30	8	6
178	Antigonish	3/25/2017	F	20	166.5	76.2	163.0	21.7	55.1	1.95	4.78	160	3.80	10	1
179	Antigonish	3/25/2017	F	21	157.5	64.9	152.0	18.0	45.7	1.88	4.73	190	3.60	8	5
180	Antigonish	3/25/2017	M	18	175.0	64.8	175.0	29.3	74.4	1.81	4.19	186	4.55	13	1
181	Antigonish	3/25/2017	M	18	187.5	91.3	189.0	20.4	51.8	1.88	4.48	180	4.70	10	1
182	Antigonish	3/25/2017	M	21	188.0	81.5	194.5	32.7	83.1	1.66	4.04	297	5.70	12	5
183	Antigonish	3/25/2017	F	19	164.0	60.5	162.0	22.4	56.9	1.93	4.64	130	3.60	9	5