

# Vancouver Coastal Health

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## COMMUNITY CARE FACILITIES LICENSING REPORT

<b>Facility Information:</b> Finnish Home  2288 Harrison Vancouver, BC V5P 2P6  Site Phone: (604) 325-8241	<b>Facility Number:</b> 3090026 <b>Report Number:</b> 18 <b>Inspection Date:</b> June 7, 2006 <b>Contact Name:</b> <b>Community:</b> 45
<b>Facility Category:</b> CCFL - Residential, Intermediate Care <b>Inspection Type:</b> Routine: N/A <b>Action(s) Taken:</b> Information Exchanged <b>Delivery Method:</b> NA	
<b>Opening Comments and Observations:</b> Announced visit to do the review. Facility is in the 2nd phase of renovating the exterior of the building. Resident population: 64 residents (11 residents in SCU), mostly female, age ranges from 56 - 98 years, with diagnoses including but not limited to: alzheimers, other types of dementia, dysphagia, diabetes mellitus, schizophrenia.	

### Observations and Recommendations

#### CCFL - Residential: Care - Policies

- 1 New: 0 / Resolved: 0
- Facility has a policy and procedure manual but the policies need to be reviewed to ensure they are current and complete. The Registered Dietitian will discuss with the administrator and decide on corrective action for this issue.

#### CCFL - Residential: Records/Plans - Resident Records

- 2 New: 0 / Resolved: 0 Target Completion Date: June 30, 2006
- Height and weight of each resident were taken on admission
  - I did the weight record audit for six residents. All six residents had at least one monthly weight missing.
  - Some residents had significant weight fluctuation but there was no record of the residents being re-weighed to ensure the weights obtained were correct.
  - **Ensure the monthly weight of each resident is taken and recorded.**
  - **Ensure resident(s) with significant weight fluctuation is re-weighed in order to be certain the correct weight is obtained.**
  - **Ensure appropriate intervention is initiated when a resident experiences significant weight change.**

#### CCFL - Residential: Records/Plans - Nutrition Care Plan

- 3 New: 0 / Resolved: 0 Target Completion Date: June 30, 2006
- Six residents' chart were audited. Three of the charts were thinned so it was not possible to determine whether they meet the audit criteria. One chart met the audit criteria. For the two other charts, nutrition care plans were developed within 14 days of admission and documented in the resident's care plan, but the nutrition care plans were not reviewed within 14 weeks of admission.
  - It is my understanding that facility has purchased the CB Diet software program and it will help the RD to ensure her documentation is up-to-date.
  - **Ensure the nutrition care plans are developed, documented, reviewed, monitored and revised according to Section 7.1 (a)(b)(c)(d)(e) of the adult care regulations.**

#### CCFL - Residential: Nutrition - Storage/Preparation/Service

- 4 New: 0 / Resolved: 0
- Facility belongs to the Complete Purchasing Group.
  - Ordering and delivery of supplies are done 3 times per week.
  - There is adequate food supply to meet the needs of the residents
  - The RD and I did the diet order implementation audit for 6 residents. All of them received the correct diet as ordered

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**Finnish Home**

**Facility Contact:**

**Community:** Vancouver

**Report Date:** June 22, 2006

**Observations and Recommendations**

**CCFL - Residential: Nutrition - Food Handlers (Training/Education)**

- 5 New: 0 / Resolved: 0 Target Completion Date: July 31, 2006
- It is my understanding that all dietary staff have Food Safe 1.
  - There is no record of in-services for the dietary staff
  - **Ensure dietary staff receive appropriate and timely education/training and a record of these in-services is kept for at least one year.**

**CCFL - Residential: Nutrition - Supervisor/Dietician**

- 6 New: 0 / Resolved: 0
- The Registered Dietitian works 21 hours per week. She is responsible for clinical nutrition as well as food services.
  - The RD is a member of the College of Dietitians of British Columbia.

**CCFL - Residential: Nutrition - Cycle Menu**

- 7 New: 0 / Resolved: 0 Target Completion Date: June 15, 2006
- Facility has a four week cycle menu.
  - The Registered Dietitian (RD) will be revising the menu for the spring and summer; she will ensure it meets the recommendations of the Canada's Food Guide (CFG) and a variety of entrees are offered to the residents.
  - The RD is in the process of reviewing the pureed menu to ensure residents are receiving the minimum number of servings of grains as recommended in the CFG.
  - It is my understanding that grapefruit sections are only offered to residents who can tolerate same.
  - **Implement a menu substitution record and document reason for the substitution(s).**

**CCFL - Residential: Nutrition - Nutritive Value**

- 8 New: 0 / Resolved: 0 Target Completion Date: June 30, 2006
- Fluid milk and 100 % fruit juices are purchased for the residents' consumption.
  - The RD estimated the average fluid intake for a resident is about 1,500 ml per day.
  - **Encourage residents to have adequate water/fluid intake in between meals, especially during the summer months.**

**CCFL - Residential: Nutrition - Food Service Records**

- 9 New: 0 / Resolved: 0
- It is my understanding that all food service records are kept for at least one year.

**CCFL - Residential: Nutrition - Meal Times**

- 10 New: 0 / Resolved: 0
- Breakfast is served at 8:30 AM, lunch at noon and evening meal is served at 5:00 PM.
  - PM snack is served at 2:30 PM and 7:30 PM.

**CCFL - Residential: Nutrition - Eating Aids/Assistance**

- 11 New: 0 / Resolved: 0 Target Completion Date: June 15, 2006
- Eating aids (e.g. rimmed plates, special cutlery, nosey cups) are provided to residents as needed.
  - Some assistance is provided to residents who need dining assistance; however, assistance can be improved for the residents sitting at the assistance table.
  - **Ensure residents at the assistance table receive timely & appropriate assistance at meal times.**

**CCFL - Residential: Nutrition - Client Participation**

- 12 New: 0 / Resolved: 0
- The Registered Dietitian has menu planning meetings with the residents.

**CCFL - Residential: Nutrition - Audit Program**

- 13 New: 0 / Resolved: 0
- Facility has an audit program similar to the one in Audits and More. I received copies of audits completed in 2005.
  - It is my understanding that volunteers will be conducting the resident meal questionnaire over the summer of 2006 and the Registered Dietitian will be conducting a HS nourishment order implementation and consumption audit in the future.
  - The Registered Dietitian will ensure corrective action(s) is documented for audits that did not meet the acceptable audit score.

Finnish Home  
Facility Contact:  
Community: Vancouver  
Report Date: June 22, 2006

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Owner or Agent Acknowledgement

I have read and understood this report.

Inspector

Callie Wong, Licensing Nutritionist